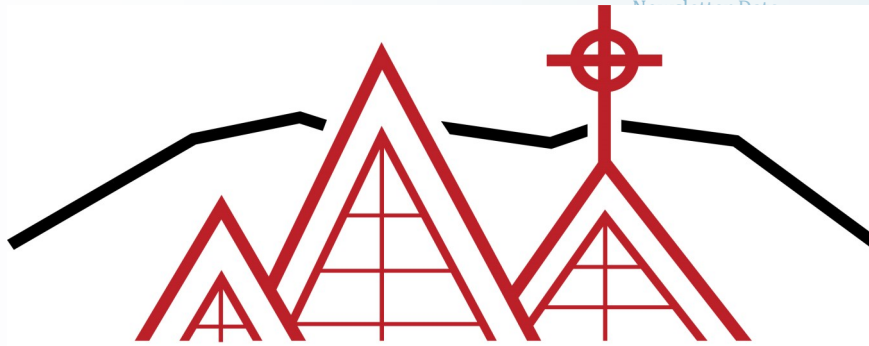


June 2024



# Kunéix Hídi Northern Light United Church

The mission of Kunéix Hídi Northern Light United Church is to make disciples of Jesus Christ through God-centered worship and people-centered ministry.

400 West 11th Street  
Juneau, AK 99801-1512  
(907) 586-3131  
office@khnuc.org  
Christina's office hours  
Monday - Friday  
8:00 am - 3:00 pm  
Minus lunch hour

*No matter who you are, no matter where you are on life's journey, you are welcome here.*

## Sunday Worship

10:00 am in person and via Zoom

<https://zoom.us/j/398434443>

By phone+1 253 215-8782 Meeting ID: 398 434 443

Rev. Dr. Charles Ensminger, Pastor  
pastor@khnuc.org  
[khnuc.org](http://khnuc.org)  
(907)586-3131

## Theological Conversation

Christians have often thought that it is important to believe the right thing. What those things are have, from the beginning of the Christian movement, changed. There have been controversies about what constitutes the "correct" belief for the Christian since the time of Jesus. Just think: Jesus asked, "Who do people say that I am?" Even then there were multiple answers. Do we find salvation through faith or through our actions? How do we address the issue of suffering with a loving God? What did the term "Son of God" mean in the Old Testament, the New Testament, and today? These are what are sometimes called "theological questions."

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### Special points of interest

- Quick update for Supporters of Juneau Refugee Resettlement
- Summer Lunch Program
- Alaska Youth Camp
- Sing! It's Spring
- Celebration 2024
- Edible & Medicinal Plants

### Neighborhood Cookout

Join us for worship at 10 a.m. or just come for the neighborhood cookout at 11:30 a.m. All our welcome! Please join us! Sunday, June 2, 2024 11:30 pm

Kunéix Hídi Northern Light United Church is a lively Juneau Alaska community. You are welcome here. Worship Services will be at 10 a.m. year-round starting on June 2, 2024

## Non-violent communication

Have you ever been frustrated by not being able to figure out how to have meaningful conversations without having them turn into arguments that go nowhere? Would you like to learn how to connect on a heart to heart level with others across the barriers that divide us? You might find Non-Violent Communication (NVC) useful. NVC provides several benefits, letting us:

- Resolve conflict in many forms and in various areas of our lives
  - Enjoy deeper, more productive relationships
  - Take ownership of our *feelings* and *actions*
- Stay conscious of *choice* in every moment
- The Social Justice and Service Committee plans to offer an introduction to NVC. This is just in the early planning stages, but if you think you might be interested, please contact KJ Metcalf or George Partlow... or leave your contact information with Christina in the church office and we'll reach out to YOU!

## Theological Conversation continued

Theology is the term used to describe the way Christians think and speak about God. It is the currency of Biblical discussion. But it can also become the mortar for the bricks used to build barriers that keep us from loving our neighbors (who may attend a different church altogether) and, quite possibly, from loving ourselves. Theology can open us up to the divine Mystery that is the presence of God, and it can also shut the doors to new experiences altogether.

We all have our theologies. We all have our ideas and constructions regarding God, scripture, and even morality. And while theology is the currency of Biblical discussion, it can also be the bricks used to build the walls between us or, in some horrible instances, theology can be that which sharpens the swords we use against our neighbors.

That's too bad.

Talking with theological terms can be an exciting and wonderful experience. It can deepen our appreciation of the Numinous, the "Wholly Other" that is God in a way casual conversation cannot.

But holding theological opinions, like political ones, can create contentiousness. Especially in this day and age when we have almost abandoned the idea of meeting in the middle, acknowledging differences of opinions, and speaking with civility.

Somewhere along the line, though, we need to remember that the first Christians were interested in deepening their relationship with God and that God was embodied in the person of Jesus.

Jesus, interestingly enough, did not offer much in the way of theology – he never spoke about the Trinity directly, never talked about slavery, nor did he mention which 21st century political party he would back. Instead, he talked about love, a God of grace, and extending mercy and compassion to all.

Perhaps it is there we might wish to return to continue our conversations. Because sometimes we can know our theology better than we know God with us. And that might make all the difference.

Peace,

Pastor Charles

## Quick update for Supporters of Juneau Refugee Resettlement

Greetings to our supporters!

This is a quick update to share some good news and to enlist your help.

First, the good news: our first Ukrainian family has a new year-long rental agreement for their two-bedroom place and our second family just put money down on their own mobile home!

All our adult refugees are working, especially now that construction season is in full swing. We are especially proud of 18-year-old Olha Klub, who just earned her CNA (Certified Nursing Aide) certification and is working for our local Bartlett Hospital. With Jo Boheme and Beatrice Franklin taking the lead, there was a celebration picnic for Olha at Lena Beach.

Next, your help: for Juneau supporters who might be tuned into local real estate, the Ukrainian Klub family of four are still needing a place. They can pay up to \$2,000/month for rent with utilities. A three-bedroom would be ideal. They would like to live near Auke Bay Elementary School. The family has to be out of their home by August as the owners will be moving in.

Vitalli and Daryna will have to move out of their place as their landlords are planning to use it as a B & B. They need a two-bedroom in the Valley.

We also have Haitian refugees in town. One of them, Jean Marie, arrived recently and is looking for housing along a bus route. He is in his 40s, super nice, fluent in English, a high school grad with some IT experience and has worked in maintenance. For now, renting a room in someone's home or exchanging help around the home for a room would be great. He is hoping to bring his 16-year-old daughter to Juneau and will need his own place by the end of summer.

Please let me know if you have any leads for our new Juneauites. Call me at 907-209-0025 or email me at [bridgetannsmith49@gmail.com](mailto:bridgetannsmith49@gmail.com). Thank you!

Bridget Smith

### Save the date!

Saturday, June 22, at 1 pm in the Dr. Walter Soboleff Memorial Hall at KHNLUC, the Social Justice and Service Committee will host a small group meeting to discuss the establishment of a diagnostic clinic in Southeast Alaska for individuals who may be experiencing Fetal Alcohol Spectrum Disorder (FASD), since there is no longer a clinic operating in Southeast. Lunch will be provided. For further information contact KJ Metcalf.

### Save the date!

On Thursday, June 27, at 5:30PM in the Dr. Walter Soboleff Memorial Hall at KHNLUC there will be another showing of the film "Common Ground", about the environmental effects of how we grow our food, and the benefits of changing to regenerative agriculture. Dinner will be served!



Family Promise Juneau currently has a single mom (Beverly) and four kids, Sam (12), Deanna (9), Summer Rose (6), and Junior (6). Kunéix Hídi Northern Light United Church will host this family for 2 two-weeks (**June 16-29, 2024**). Note the date change as we will be hosting the last two weeks of June not the middle two weeks.

Here is the weekly schedule:

- Family arrives at KHNLUC - 6pm
- Dinner for families - 6:15 pm
- Evening hosting - 6:15-9 pm
- Overnight hosting - 9 pm-7 am

We will need someone to cook and serve dinner and be the evening host for each of the 14 evenings and provide overnight hosts for most of the overnights.

Look for the Sign-up link on the SERVE page of the Kunéix Hídi Northern Light United Church website. Or you may contact Linda McCargar (contact info at the bottom of the next column).

Reminder we will be hosting again July 28-August 1-10, 2024.

Financial contributions to the Kunéix Hídi Northern Light Food Security Fund help us buy breakfast and lunch items for the families when they are housed in our church building. You may donate on-line at the church website or by mail. Please specify that the donation is for the Food Security Fund

Financial support for FPJ is always welcome. Try the easy on-line option through Family Promise Juneau website. <https://www.familypromisejuneau.org/donate>

FPJ has enrolled with the PayPal Giving Fund. We will now receive 100% of your donations with no fees taken out.

Call Family Promise Juneau: (907) 586-0160  
Or mail check to: PO Box 32775, Juneau, AK 99803

Or you can contact: Linda McCargar,  
Kunéix Hídi Family Promise Coordinator  
@ 971-241-0534 or [ducky6670@gmail.com](mailto:ducky6670@gmail.com)

Assistant Coordinator position is vacant. Contact Linda if you would like to volunteer

## Summer Lunch Program

SUMMER IS COMING! And with it our Summer Lunch Program. For the ninth year, Kunéix Hídi Northern Light United Church will provide a children's summer lunch program at the Geneva Woods housing complex in Douglas where all children, whatever their circumstances, are welcome to participate. Summer lunches ensure that low-income children enjoy at least one nutritious, delicious hot meal every weekday during the summer.

This year we will serve the congregational lunches inside the Community Room or provide lunches to go. We expect to provide an opportunity for the children to participate in art projects, games and other activities before and after lunch.

We are excited to announce that SamMi Zelle has been hired as Site Coordinator. SamMi has the necessary skills and a passion for helping those who experience food insecurity.

Our lunch service will begin on June 3rd and end on Friday, August 16<sup>th</sup>. Meals will be served from 12:15-1:00. Our Summer Lunch program is supported by contributions of money and time from KHNLUC members and friends.

Volunteers will be needed throughout the summer. Our Site Coordinator is a critical member of the team, but we must have volunteers to cook and pack meals at the KHNLUC kitchen and help serving meals at Geneva Woods. Cooking may be from scratch (with help documenting that the recipe meets the USDA standards) or preparing one of the recipes provided. Our Site Coordinator will have weekly menus and have ingredients ready for the meal prep.

Sign up early to choose your spots! You can sign up on the KHNLUC website, choose

Serve in the drop down menu. Our Summer Lunch Coordinator will transport the food, clean up at Geneva Woods and the KHNLUC kitchen, and do lots of other tasks that make our program work.

Everyone who participates in food preparation, packing or serving must have a current food worker card. You can study for and take the test online; it is good for three years; and it only costs \$10 (refundable if you submit for reimbursement). To sign up: (1) click on <https://dec.alaska.gov/eh/fss/food-worker-card/>, (2) click on Getting a Food Worker Card and follow the instructions there; (3) download and send a copy of your card to Christina Maddox at [office@khnluchurch.org](mailto:office@khnluchurch.org). It is really easy.

If you are interested in any of these activities (or want to find out more before you decide), we will conduct a training session on 5/22/24. Please let Deb Reifenstein [debreifenstein@gmail.com](mailto:debreifenstein@gmail.com), Myra Munson [myra.munson@outlook.com](mailto:myra.munson@outlook.com), or Christina Maddox [office@khnluc.org](mailto:office@khnluc.org) know, or call KHNLUC at 907-586-3131. If you have any questions or want to participate, but doing things online is not for you, call Deb Reifenstein at 907-723-1879.

Summer Lunches is one of the ways in which KHNLUC participates in reducing food insecurity for children in Juneau. Your contributions of time and money truly nourish the bodies and spirits of our community's most vulnerable.

Alaska Youth Camp July 21  
- 26, 2024 at Eagle River  
United Methodist Camp

Alaska Youth Camp led by Rev. Autumn Krueger from Anchorage. Youth from Juneau, Sitka, and Ketchikan to join South Central youth from Rev. Autumn's ministry.

Rev. Autumn Krueger from St. John UMC in Anchorage will be at Eagle River Camp the week of July 21-26 for youth camp. She is bringing volunteers and programming - and a wealth of experience.

Youth from Juneau, Sitka, and Ketchikan are invited to join South Central youth from Rev. Autumn's ministry. Rev. Autumn expects to have 12 youth come from the Anchorage area. I hope you will join me in the excitement of this opportunity to have our youth collaborate across the state in a UMC camp this summer.

Here is the registration link: <https://app.easytithe.com/App/Form/c5c19fab-17bb-4fca-bf15-73dd327477c3>

## Visioning Continues

We have been in great conversation around the future of the church. During the month of June, we will be putting together plans for new programs, new directions, and new ideas that we have heard from our visioning meetings.

In July and in August we will be working towards two particular goals: with regards to the programs and ideas we shared in conversation and in my presentation to the congregation on Pentecost Sunday, we will start to work to gather people to implement some of the ideas: from children's programming to small groups, we need to hear from YOU! What can you do? With what program can you assist?

Then, in July, we will be gathering to consider a few questions as we draw our visioning work towards a conclusion: why? We can do a lot of the programs we have, but just doing them to "do" them or "because" isn't reason enough. We need to know who we are and in so doing, we need to discern the why of what it is we seek to accomplish as a church community.

These are going to be great conversations, so keep your eyes open, your hearts open, and may we all be in prayer for our future!

## Sermons in June

During the month of June, I will be concluding the series focusing on the stages of faith and how we move through them. With the first Sunday in June also being a day when we will be having communion and having a wonderful barbecue luncheon following church, I will be focusing on the idea of faith as viewed through liturgy.

Then, on the 9th, I will be concluding the series on the stages of faith with an examination of what it means to be, as John Wesley would call it, perfected in love.

6/2/2024 1st Corinthians 10:14-17; 11:23-26

Layers and Layers of Meaning

6/9/2024 2nd Corinthians 4:13-5:1

The Innermost Self

6/16/2024 Mark 3:1-6

The Unwelcome Work of Jesus

6/23/2024 Job 38:1-11

Trespassing

6/30/2024 Pastor Charles out of town

FREE!

The church has 2 file cabinets up for grabs. The two drawer is black and the four drawer is tan. They are just waiting in the hallway for a new home. Also we can share file folders to help organize your paperwork.

Thanks!

### Sing! It's Spring!

Juneau Community Chorus (JCC) is made up of people from the community ages 12+ who LOVE TO SING! The chorus meets once a week to sing repertoire that is varied, eclectic, and FUN!

A dozen folks from KHNLUC turned out in force on Friday, May 17 to support our church members singing with the Chorus, including Melody Millard, Martha De-Freest, and Jacque Farnsworth (accompanist). Misuri Smyth is the artistic director.

The Chorus will start up again in the fall and you are encouraged to join in!



**Mon Jun 3, 2024 – Fri Aug 16, 2024**

Help out with our Summer Lunch Program Volunteer opportunity for our summer lunch program. If you've helped out before cooking, prep- ping on the day of ser- vice, or helping serve meals at the Geneva Woods Housing Com- plex, or think you might enjoy spending time with friends engaged in these tasks, it is time to sign up again. Some training is required, but it can be done online.

Your help feeds the body and soul of the youngest in our community. The program will start on June 3 and run through August 16, except July 4. The food preparers help from 10-12 and the servers from 11:45-1. If you are interested, please contact Christina Maddox at [office@khnluc.org](mailto:office@khnluc.org) or call 907-586-3131 to get details on necessary train- ing. Contact Myra at [myra.munson@outlook.com](mailto:myra.munson@outlook.com) or Deb at [debreifen-stein@gmail.com](mailto:debreifen-stein@gmail.com). Call Deb 907-723-1879 to sign up in person. We would love to talk with you. You may sign up under "Serve" on our church website: [https:// khnluc.org/serve/](https://khnluc.org/serve/)

## Celebration 2024

<https://sealaskaheritage.org/shi-celebration-programs-juneau-alaska/>

This year's theme is "Together we live in balance"  
June 5 - June 8, 2024

Celebration Tickets can be purchased at Centennial Hall during the event or at the SHI Store beginning 1 week before the event.

Tickets can be purchased at the front gate of the event begin- ning on June 5th

Four-day pass:  
General: \$35  
Youth (ages 7-12): \$20  
Elder (ages 65 and up): \$20  
Children ages 6 and under:  
Free

Daily admission:  
General: \$20  
Youth (ages 7-12): \$10  
Elder (ages 65 and up): \$10  
Children ages 6 and under:  
Free  
Saturday, June 1, Ticket pre- sale begin, SHI Store

### Preliminary Schedules

The final 2024 Schedule will be available before June 5.  
Wednesday June 5  
12 noon: Centennial Hall  
Opens for Ticket Sales  
3:30 pm: Juried Art Show  
Award Ceremony, WSB Clan House

### 5 pm: Celebration Grand Entrance, Centennial Hall

Thursday June 6  
10 am: Native Artist Market

Opens, SHI Arts Campus  
11 am: Dancing Begins, Cen- tennial Hall & Elizabeth Pera- trovich Hall

12-1 pm: Cultural Orientation & Chilkat Blanket Viewing, WSB Clan House

### 4-5 pm: Toddler Regalia Re- view, Centennial Hall

5-6 pm: Storytelling, WSB Clan House

5-7:30 pm: Tlingit Macbeth Film

Friday June 7

10 am: Native Artist Market  
Opens, SHI Arts Campus

10 am: Dancing Begins, Cen- tennial Hall & Elizabeth Pera- trovich Hall

12-1 pm: Storytelling  
12:15 - 1 pm: Food Contest

### 4-5 pm: Native Fashion Show, Centennial Hall

(Sponsored by Goldbelt Her- itage)

5-6 pm: Storytelling, WSB Clan House

6-7 pm: Juried Film Festival, Goldtown Theater

Saturday June 8

9 am: Panoramic Photo, SHI Arts Campus

10 am. Native Artist Market  
Opens, SHI Arts Campus

### 10 am: Parade, beginning at Ferry Way

12 noon: Dancing begins, Cen- tennial Hall & Elizabeth Pera- trovich Hall

5 pm: Grand Exit, Centennial Hall



## Camp Get Ready

Although we had a small turn out of volunteers we accomplished several needed tasks. Thank you for all who volunteered their time yesterday!

Jane Ginter, Paul and Philis Beran, Pastor Charles, Corey Wall and daughter Lucy, Suzi and Alida Bus, Justin Dorn, Don Gotschall, the Polaris Group, Ed Schoenfeld and Betsy Longenbaugh, John Doogan, Kylie Schnegelberger, Monica Buettel, and Sebastien and Libby Sterling who organized the tasks.

Tasks tackled:

- Lodge windows and kitchen cleaning
- Old fridge was removed and floor and walls cleaned
- Gotschall cabin - deep clean: including taking all the kitchen dishes out and running them through the lodge's dishwasher which is now working thanks to Bruce Morley and Paul Beran.
- Gotschall access road - removing the remaining tree debris and cutting limbs
- Coon Building - organized the game area further
- Lodge's pantry - cleaned and organized
- Lodge's grease-pit cleaned and removal of fat residue **BIG DIRTY JOB ACCOMPLISHED BY NICO & PASTOR CHARLES!**
- Pump-house: worked on finishing water softener project
- Bathhouse - installed the remaining tiles around sink area on men's side and removed rust from sinks
- Lodge's flower beds were cleaned

- Lodge's entry area were swept and mats cleaned
- Lodge fireplace mantel received some paint touch ups where needed
- Some more small downed trees were cut down
- Another debris pile was lit on fire
- Firewood was transferred from the main woodpile to the Gotschall fire pit
- More items that I may not have observed Unfortunately Derik, who had planned to be there, was home sick with Covid. Best wishes for a speedy recovery!

A special thanks also for the Polaris group who prepared the delicious soup and sandwiches for lunch!

THANK YOU to all!

In appreciation

Nico Bus, Jane Ginter & Paul Beran for the Board





Makerspace Learning Series  
**Edible and Medicinal Plants**  
with Vivian Yéilk Mork

Saturdays, May 18th  
thru August

Some exceptions apply; not necessary to join for each session.  
See application for more details.

**What:**

Vivian will share knowledge on plant identification, ethical harvesting practices, and a variety of processing techniques of plants.

**Location:**

Juneau, Various Locations

**Cost:** Free

**Space is limited.**

Open to all ages. Students under 16 must be accompanied by an adult.

**Apply at:**

[bit.ly/EdiblePlants24](https://bit.ly/EdiblePlants24)



Option:  
Scan the  
QR code  
to apply.

**Questions? Contact:**

STEAM@sealaskaheritage.org  
or call 907-586-9112



Vivian Mork is back in Juneau since 5/18, and SHI has put her up in a studio apartment for the season. She was hesitant to stay all the way out at the camp when she needed to move things in and out - particularly with the damage to her truck that happened when it was stolen.

She is hosting plant walks through SHI on Saturdays. I encourage you all to participate in these. Please see the attached image describing the dates and signup process. I'm sure you will encounter Vivian and SHI out the road as the season progresses.

Blessings to all!  
Pastor Kristi McGuire

## Thank yous

Many people and groups are involved in making sure things happen at KHNLUC. Each month we would like to recognize some of those individuals and groups for their special services. Special thanks to:

\*those who served as Liturgists: John Doogan, Jenny Pursell, Linda McCargar

\*those who served as Greeters/ushers: Karen Dillon, Patsy Wright, Monia Buettel, Jane Ginter

\*Those who provided flowers: George Partlow & Linda McCargar, Elizabeth Wheeler, Jane Ginter, Don & Janet Kussart

\*Mary Borthwick, Karen Dillon, Marianne Mills, John Pugh, Carol Barril, Pat Gorman, Jan and Don Kussart, April Rezendes and Jim Alter for their help in counting and recording financial gifts received by Kunéix Hídi Northern Light.

*If you have a suggestion for a thank you, call Christina at the church office, 586-3131 or e-mail her at [office@khnluc.org](mailto:office@khnluc.org).*

## Sign Up!

You can be an important part of what makes our worship together a good experience.

Our web site, <https://khnluc.org/>, offers a section where you can help with worship. You can also tell Christina to sign you up if you prefer not to use the computer.

### **Everyone is invited to be part of our worship service.**

The liturgist reads the scripture and helps lead the service with the pastor. Sign up to be a liturgist on the sign-up sheet in Memorial Hall or call the office.

You can serve as liturgist if you worship with us via Zoom.

The ushers greet people before the service, pass out bulletins, pass the offering plate, and assist with the prayers and announcements from the congregation. [Sign up to be an usher.](#)

The altar flowers are provided by the congregation. [Sign up to provide flowers for worship.](#)

You can provide flowers even if you worship via Zoom. Flowers can be brought to the church before Sunday if that is more convenient for you. Ask Christina for the new key code to enter the side door on A Street.

We encourage you to think ahead and plan to help out. Pick a special day for providing flowers to honor a loved one. Maybe sign up once a month to be liturgist or usher.



3	Doug Standerwick
8	Rich Lyon
	John Doogan
	Besse Odom
	Summer Putman
9	Marsha Smith
11	Linda McCargar
12	Barbara Streveler
	Maxine Richert
13	Brad Hartman
16	Ginny Palmer
	Dylan DeAsis
18	Steve Zimmerman
19	Marcel Contreras
20	Catrina Mitchell
	Sophia Pugh
21	Steve White
22	Carlton Smith
	Bob Coghill
25	Carmine Contreras
26	Vivian Hegg
29	Theresa Mores Araki
	Geoffrey Alter
	Reveille Gramling

# JUNE 2024

SUN	MON	TUE	WED	THU	FRI	SAT
						1 8:30 Vets for Peace
2 10:00 Worship Neighborhood Cookout 5:15 Youth Group	3	4 12:00 Al-Anon	5 10:00 Finance Committee 5:30 Chancel Choir	6	7 7:30 Men's Breakfast	8
		Overnight Group				
9 10:00 Worship 5:15 Youth Group	10	11 12:00 Al-Anon Glory Hall Chili	12 5:30 Chancel Choir	13 5:30 Church Council	14 7:30 Men's Breakfast	15 8:30 Vets for Peace
16 10:00 Worship 5:15 Youth Group	17	18 12:00 Al-Anon	19 5:30 Chancel Choir	20 5:00 Committee on Property Management 7 Literary Reading	21 7:30 Men's Breakfast	22 1:00 FASD Conversation
23 10:00 Worship Deacon's Meeting 5:15 Youth Group	24	25 Newsletter Deadline 12:00 Al-Anon Glory Hall Spaghetti	26 5:30 Chancel Choir	27 5:30 "Common Ground" showing	28 7:30 Men's Breakfast 12:00 Healing Task Force	29
30 10:00 Worship 5:15 Youth Group						